

## Director's Thoughts...

Blessed New Year 2019! Trusting the Lord it will be a fruitful year ahead.

Transformation requires hard work, commitment, and sacrifices. It also needs time and persistence. Throughout the years of journeying with strugglers, time and persistence are vital besides "Truth & Grace". Even when one is transformed, there will be some who doubt this transformation. Those who have been transformed by the power of Christ and are no longer living life as **LGBTQIA** need to be given that opportunity to declare their transformation in Christ! The world needs to hear another side of the story that, indeed, **LGBTQIA** can be transformed. Thankfully their cries were heard.



Last year November in Taiwan's general election, 3 out of 10 referendums to be voted would redefine and impact traditional marriage between 1 man and 1 woman. God raised a group of concerned Christians who are not from the **LGBTQIA** background to organize the First International Rainbow Crossing Festival in Taiwan on 10 & 11 November 2018. Rainbow Crossers is a group of people who have left their lesbian, gay, bisexual and transgender lifestyles. **PLUC** was given the privilege to represent Malaysia in this festival. We joined the rest of the 14 nations declaring that we as Rainbow Crossers "Dare to Change" and you can read further on this declaration in this newsletter.

I was in tears when we made that declaration. I was moved to know that we are not all alone in this journey and everyone deserves an opportunity for true freedom and to discover his or her true identity in Christ. I am sure your church can be that "safe" place for them to find Christ as well as their identity. Please let us know how we can partner with your church to equip the church to be that "bridge" to the **LGBTQIA**. We need not wait till we know everything before extending our love and support to them.

Check out [truelove.is](http://truelove.is). You can watch for yourselves stories after stories of transformed **LGBT** lives in Asia. God never stops the business of changing lives and your church can be a part of this. We appreciate your support and prayers as we labor together in His harvest field to

Redeemed by Him,  
Rev. Tryphena Law

*Thank you for your valued investment!*

Agape Community Centre Seremban 2 (A/G), Aglow Assembly, Changkat Kruing Chinese Church, Charis Christian Centre, Gereja Charis KL, Gospel Assembly of God, Glad Tidings Assembly of God, Kampung Raja Hitam Chinese Methodist Church, Klang Chinese Methodist Church, Klang Wesley Methodist Church, Mega Chinese Methodist Church, Muk En Methodist Church, New Life Restoration Cheras, New Life Restoration Puchong, Petra Christian Church, SIB KL, SS19 Disciple Makers, Subang Jaya Assembly of God, Trinity Methodist Church, USJ Congregation, Wesley Methodist Church Sitiawan.

Aaron & Sandy Chui, Alvin, Amanda & Raymond, Angie, Aini Ling, Alice Leong, Bernard, Bong, Cecilia Yau, Chai Hong, Chee Kean, Connie, Cheah Ee Keong, Choong Kee Lan, Chuah & Gan, David Eng, Dexter Hong, David & Karen, Don Cheong, Ee Ching Wah, Elfina Ng, EPCC young adults, Evelyn Lau, Eunice Sin, Gan Siew Ching, Siew Li, Grace Ngai, Grace Tiong, Grace Yee, Gillian, Hiew Chun Keat, Ik Haw, Nai Khee, Jee, Jessica Lee, Joanne Poon, John Yang, John & Pearl, Julian Si, Julie Khoo, June Chin, Kay & David Yim, Kenneth & Jackie Jung, Lee Beh, Siew Teng, Lizzy George, Kuo Hao, Mr. Eng, Mrs. Wang, Michael & Pat, Mollie, Munnie Mok, Nas, Peter Choo, Peter Yap, Rachel Tan, Rolland Lau, Sam, Sam Li Wei, Sanual, Selina Chen, Su Chen & Joash, Chew Mae, Vijay, Wendy Lee, William Teh, William Ting, Woo Yann Fong, Wong Fu Mauh, Wong Chee May, Yien Fang, Yune, Anonymous.

Bible College of Malaysia, EDC International Sdn. Bhd., Love's Hope Singapore, Malaysian Care.

*If you are facing issues with sexuality and seeking help, or if you are interested to volunteer with PLUC, please contact us at:*

+603-7887 3501 / +6012-508 3501 (Helpline)

help@pluc.org.my

www.pluc.org.my

P.O.Box 8513, Pejabat Pos Kelana Jaya,  
46791 Petaling Jaya, Selangor, Malaysia.

*We welcome your partnership with PLUC  
as we are a faith-based, non-profit organization:*

Your investment in our ministry can be done via bank transfer:

Public Bank Berhad | Account no : 3133229425

Cheques are to be crossed and made payable to  
**PLUC Events Sdn. Bhd.**

*Thank you for your valued partnership  
and support!*

# The Homosexual Struggle & The Gospel

by Pastor Samuel Nesan

In addressing the subject of homosexuality, I am reminded of the subtle words of the serpent to our mother Eve. The tempter began by asking “Did God actually say...?”.<sup>1</sup> This question has had tremendous success in misleading the human race following the fall of Adam and Eve. After all, if one could cast sufficient doubt on what God has said, one would find the moral liberty to justify any action on the grounds that God is silent on the matter. Christian apologetics is primarily committed to the firm belief that God has spoken and that we possess His revealed words in the form of Scripture.

Having studied Scripture, I hold it beyond dispute that God is not silent on the issue of homosexuality. Hence it is not the question of *if* God has spoken but the question of *what* God has spoken on homosexuality that will be the subject of my writing. I will attempt to deal with homosexuality from a biblical description of the human state and subsequently point to the hope in the gospel the Scripture offers to those who struggle with homosexual tendencies.

One of the more significant problems I have discovered in dealing with the subject of homosexuality is a poor theology of what it means to be human (anthropology). The apologist L.T. Jeyachandran describes the problem brilliantly in two ways. Firstly, he demonstrates how many of us unknowingly start our gospel from Genesis 3, following the fall of Adam and Eve. The problem with this approach is that it paints a negative and false image of God as Creator. As one sceptic I was in dialogue with objected, “an all-powerful God created gay people and then condemned them all to hell specifically for making them that way”. Genesis 1-2 will help the objector realize that God did not create gay people. He created Adam and Eve with no sin in them. The fall of Adam and Eve corrupted God’s original design for humanity. The question we are then faced with, is why does God condemn people to hell for being gay when it is simply a result of the fall?

The fact is nowhere in the Bible does God condemn a person for being gay or possessing homosexually inclinations. We are told in Scripture that “**You shall not lie with a male as with a woman; it is an abomination**” (Leviticus 18:22). The Apostle Paul in the New Testament states: “**Or do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived: neither the sexually immoral, nor idolaters, nor adulterers, nor men who practice homosexuality**” (1 Corinthians 6:9). We should note that in both these passages, only the act or “practice” of homosexuality is condemned. We simply must distinguish between homosexual attractions and homosexual acts. In other words, in our fallen human nature, it is not sinful to be attracted to others of the same sex.<sup>2</sup> What is sinful is the homosexual act that stems from the attraction. The same standard applies to heterosexuals who are attracted to members of the opposite sex. While the attraction is not inherently sinful, acting upon the impulse outside a marital relationship is severely condemned in 1 Corinthians 6:9 (i.e. adultery or fornication). The gospel of Jesus Christ does not condemn a person for being gay or even demand a person to cease having those desires. The gospel, in fact, declares that it is not humanly possible to end those desires by our own strength and thereby points us to a perfect Saviour named Jesus who entered our fallen world and who gives us His strength to overcome our weaknesses.

The second point that Jeyachandran notes is that our gospel message tends to be focused on souls to the extent that we often downplay the significance of the body. If you have been in church for some time, you may find yourself familiar with phrases such as “praying for souls” or “saving souls”. It is important to realize that the Christian hope is not primarily the salvation of our souls but the resurrection of our bodies. Paul says in his trial before the Jewish Sanhedrin “... **It is with respect to the hope and the resurrection of the dead that I am on trial**” (Acts 23:6). This resurrection that Paul speaks of is not a disembodied state, rather it is a bodily resurrection in the similar manner in which Jesus rose from the dead. As even Job recognised in the Old Testament, “**For I know that my Redeemer lives, and at the last he will stand upon the earth. And after my skin has been thus destroyed, yet in my flesh I shall see God...**” (Job 19:25-26). Therefore, the body is an important aspect of the gospel that we should by no means ignore. So, what has this got to do with a person struggling with homosexuality? Everything! Our secular culture would have us believe that unless we openly accept homosexual behaviour, we would be denying those homosexually inclined a chance to pursue happiness. If there is no resurrection, then perhaps they might have a case in hand. For as the Apostle Paul admits, “**If the dead are not raised, Let us eat and drink, for tomorrow we die**” (1 Corinthians 15:32). However, if Jesus was indeed raised bodily from the dead, then what we do with our bodies in this life will echo forever in eternity.

In conclusion, the homosexual struggle is no different from any other sexual struggle. The gospel promises the power of Christ to enable the one tempted to overcome his or her temptations. The gospel also promises the hope of the bodily resurrection to which our earthly struggles fade in comparison. As Paul states, “... **provided we suffer with him in order that we may also be glorified with him. For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us**” (Romans 8:17-18). Believers in Jesus who suffer from homosexual desires are never alone in their suffering. They suffer in their body for the God who suffered bodily for them. This is the same God who rose bodily from the grave and who promises a body more glorified than Adam and Eve had in their unfallen state!

<sup>1</sup> Genesis 3:1. All biblical citations in this article are quoted from the ESV.

<sup>2</sup> I hold to the position that there is no distinction between sex and gender.

# THROWBACK 2018

## AWARENESS TALKS



AMIST CF (Penang) Jan 2018



World Vision Jan 2018



Full Gospel Church, Johor Jan 2018



Hin Hua High School Klang March 2018

Chung Hua Secondary School, Klang  
April 2018



I think that the talk is quite useful. It will help a lot of people having this kind of issues.

I found the talk quite interesting. It's the first time I've heard a talk like this. If someone approaches me, in future, this will most probably be helpful.

I think this talk is interesting and wonderful, this is the first time I listened to the whole talk.

I found this talk useful. I have a friend struggling with this problem.

This is the first talk I listened properly, full talk, I listen finish. If not, every time I listen half.





UKM CF April 2018



USM CF May 2018



Brunei  
Oct 2018

## TRAININGS



Young Pastor Academy  
Jan 2018

Sibu April 2018





Jubilee Feb 2018



## WORKSHOPS



Mega Chinese Methodist Church March 2018



FES April 2018



Okinawa May 2018



AIYS Bangkok May 2018





Reservoir Garden Baptist Church Penang Oct 2018



Metro Tabernacle Youth Camp  
Dec 2018

## ***PLUC GATHERING & THANKSGIVING***



# Found Myself In Christ

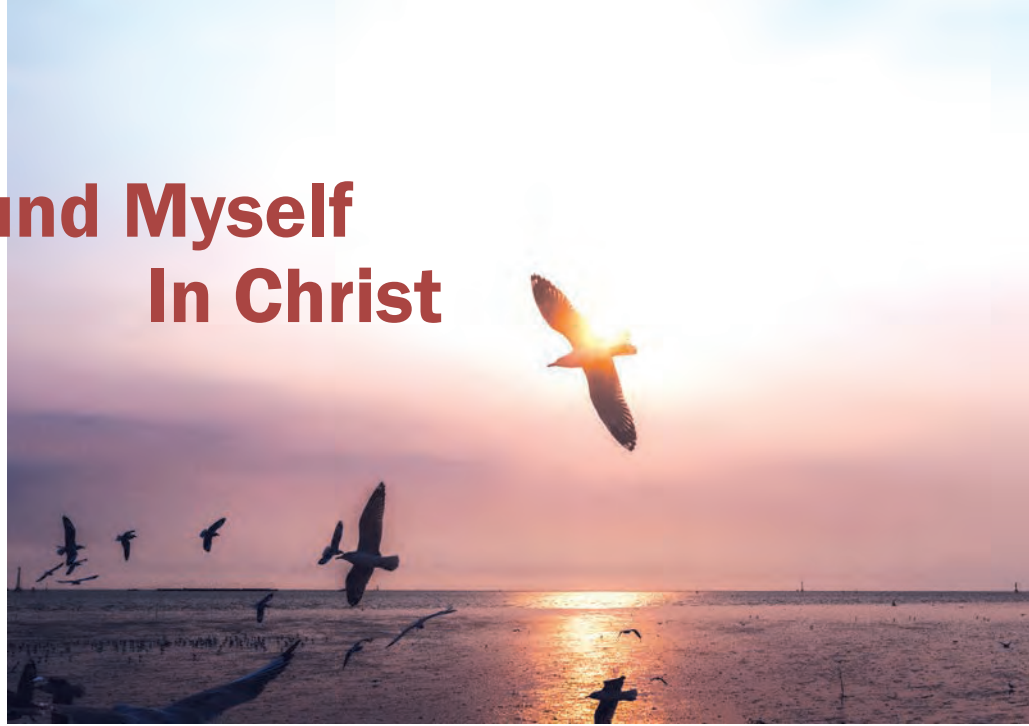
by David

**M**y name is David. I was born in a Christian family in India and have been working in Malaysia since 2000. Since childhood, I attended church regularly and had held important positions in the youth ministry. However, I was more a religious person and did not have a personal relationship with God.

I grew up in a high performance oriented family. As I was not good at my studies, I often get scolded, beaten, and emotionally abused by my mum and tuition teacher. Most of my childhood days were filled with fear, guilt, and shame. My father, usually busy with his own work, did not spend time with me. I felt nervous and anxious whenever he was around as he would scold or pass sarcastic remarks at me. I suffered very low self-esteem.

In my teens, I started having attraction towards my male classmates, especially those good at sports. I would get along well with girls but was uncomfortable with boys. The boys would constantly ridicule me as they find my body language very girlish and started calling me names. Even my parents would comment that I was effeminate. Despite my efforts to get rid of the girlish behavior, it was futile. I felt I was a total misfit.

As I entered into adulthood, the attraction towards men grew intensely and I longed for someone to love, hug and make me feel important. In my early twenties, I befriended one of my colleagues. I was so in love with him that we got intimate, which subsequently led to emotional dependency. We remained in that relationship until I moved to Malaysia for work.



Being new to Malaysia, I was fearful of people who were in authority. I would literally freeze when my boss or seniors asked me questions. I was hoping someone would protect and show me kindness. Not long after, I got closer to my roommate, and I became emotionally dependent on him. Though there was no physical contact, I was addicted to him and he meant the world to me. Soaking in his care, I felt that I had gotten everything.

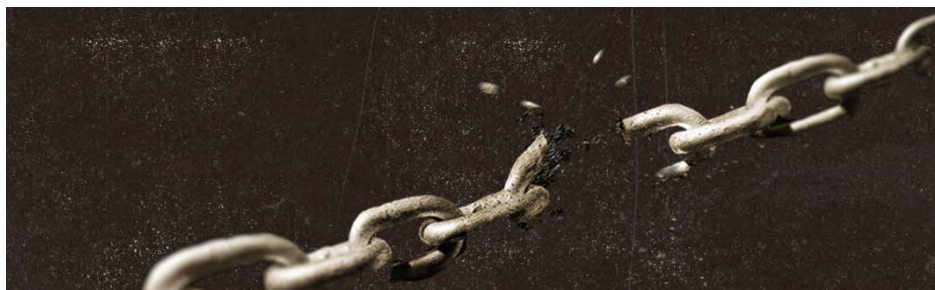
During this time, my parents arranged a marriage for me. Naively, I thought by being married, my same-sex attraction would disappear. Therefore, I agreed to the marriage. However, after the wedding, I felt a strange fear and hatred engulfing me. I went into the bathroom and wept profusely. I missed my friend terribly and I wanted to go to him and seek comfort. I was emotionally wrecked.

Shortly, I brought my wife to Malaysia to start our new life. However, we had little physical intimacy. Whenever I tried, I felt dirty and didn't enjoy it. On one occasion, I went to my friend's place and cried, telling him everything and how much I loved and wanted to be with him. It was then we became physically intimate.

The fear of being controlled kept me away from my wife, while the desire to be loved drove me towards my friend. I didn't know how to handle my feelings as I was torn between both. I felt like committing suicide; abandoning my wife, parents, and everyone. I wanted peace. Deep down, I knew that committing suicide is a sin. So every night I prayed and asked God to take my life. Even though I didn't abuse my wife physically or behaved rudely towards her, she was losing lots of weight due to emotional stress as she neither received love nor affection from me. Things didn't go well between us and we decided to divorce.

Even though I felt relieved and was free to pursue my relationship with my friend, I started feeling that something was wrong. I was confused and depressed. Coincidentally, when I was browsing through the TV channels in India, I heard the word 'homosexual' from a conversation between two men. It was a program by Exodus International. I took note of the website and contacted the person-in-charge. I learnt that change was possible and I didn't have to carry on with my existing lifestyle. I also came to know about **PLUC** through one of my friends.

I approached **PLUC** and had an opportunity to share my entire life story. I felt my heart lighten when I shared my issues with someone who understood and was able to pray for me. I realised that it was not God's plan for a man to be sexually attracted to another man. I too learnt more about



the root causes of same-sex attraction and about God's love and his Salvation plan.

During one of the counselling sessions, Pastor Tryphena was praying over the hurts and rejections which I faced as a child. She asked me to invite Jesus into the situation where I was verbally and physically abused, rejected, and a total mess. As I invited Jesus into those situations, I saw a picture where Jesus walked into the room, sat next to me, then gently pulled me to His side.

Putting His arms around me, He said, "Don't worry. I'll take care of you and I am going to be with you." I wept with joy and felt a deep peace within me.

The devil sowed the seed in my mind that women are very controlling and impatient. Therefore I was fearful of them. I learnt to forgive my mother and my tuition teacher for the emotional abuse inflicted on me and my father for not spending time with me and for making me feel worthless. Due to my unmet needs for love and affection,

I sought validation in other men. Pastor prayed to sever all soul ties with these men. I too asked God to forgive me for being irresponsible in my marriage.

God has been doing great things in my life as I trust Him and appropriate His love in my life, especially my wounded emotions. Through periodic counselling sessions with Pastor, I learnt more of God's word and the importance of being in a healthy Christian fellowship. Many times the devil would prompt me that I am a failure especially after seeing my friends moving much ahead of me, having their own family. I called Pastor and cried over the phone feeling hopeless and pastor would pray for me. I still have same-sex attraction and discomfort towards women who try to get close to me. But I have learnt with the help of the Holy Spirit to take control of my thoughts and reject thoughts of failure. The journey has just begun and I am sure that at God's appointed time, I would experience even more His abundant life through Christ. Amen.



## Rainbow Crosser Global Movement Declaration



**F**ifteen nations of Rainbow Crossers are represented in the First International Rainbow Crossing Festival in Taiwan, November 10, 2018. We, Rainbow Crossers, declare ourselves as a people group who have left the lesbian, gay, bisexual, and transgender lifestyles.

We declare, that Dare to Change represents three components:

- ① Dare to be True
- ② Dare to Love
- ③ Dare to be Different





We declare, as Rainbow Crossers, we have empathy toward those who are practicing homosexuality. Rainbow Crossers are people committed with passion and compassion to serve LGBT people who are seeking freedom.



We declare, Rainbow Crossers will **promote in culture and in psychology: Gender confidence rather than gender pride, Satisfaction rather than stimulation, True Freedom rather than liberation.**

We declare as Rainbow Crossers  
– CHANGE IS POSSIBLE.

**DARE TO CHANGE.**



# Suicide Prevention: It's Everybody's Business

by Samantha Ching

*Suicide is a life and death matter. The World Health Organization named suicide as the second leading cause of death among young persons aged between 15 to 29 years. Among those who identified as lesbian, gay or bisexual (LGB), one in five had attempted suicide in their lifetime<sup>1</sup>.*

## Who should prevent suicide?

Everyone is responsible to prevent suicide. However, not everyone is confident that he or she can intervene with a suicidal person. Rather than relegating the responsibility of preventing suicide to “specialists” such as psychiatrists and counsellors, there is a movement in public health suicide prevention to equip everyone to become community “gatekeepers” – guards or monitors – to identify and direct a suicidal person to seek help.

## What can I do?

There are a few training modules to equip the community to prevent suicide (check out sprc.org for programmes that are tried and tested on specific populations). One of the most popular is the QPR method founded by Paul Quinnett<sup>2</sup>. This method works on the basis of

- ① Questioning about suicide;
- ② Persuading a suicidal person against suiciding and to get help; and
- ③ Referring a suicidal person for professional help.

## How do we recognize a suicidal individual?

Anyone can have suicidal thoughts, or even plan or attempt suicide. Sometimes, there are warning signs that we can recognise to help identify them.

- ① Talking about suicide directly – Do not take it lightly when someone talks about suicide. A Harvard researcher, Matthew Nock and colleagues, estimated that nearly 1/3 of those who thought about suicide actually progressed to make an attempt<sup>3</sup>.
- ② Talking about suicide indirectly – Suicide is a taboo issue surrounded by stigma and shame. Therefore, many people make veiled remarks about ending their lives to save face, such as “It would be better for my family if I’m not around anymore.”
- ③ Behavioural signs – Stockpiling medication, becoming more isolated, quitting a job, losing control and having rage explosions, having attempted suicide before... these are some of the behavioural signs reported of real-life individuals before they took their own lives.
- ④ Environmental signs – The loss of a job or a loved one, family conflicts, diagnosis of a serious illness and other situational crises could be precipitating events that lead to suicide. For example, Chang Shu-Sen from Taiwan National University and colleagues found that unemployment caused by the 1997/1998 economic crisis led to a sharp increase in the number of suicide deaths in some East Asian countries<sup>4</sup>.



## Question

### - How do we ask about suicide?

It is awkward to ask someone about suicide. However, do not avoid or delay in asking about suicide because it is always better to err on the side of caution. Find a quiet place and allot some time to the individual you intend to approach. Then yes, you do have to ask the difficult question. In the Malaysian context, where “face” is important, we may not feel comfortable saying, “Eh, you want to die ah?” It might be easier to start with a general question, then proceed to the specific question on suicide:

### General question:

“How are you feeling now?”

“Has there been anything that is worrying you lately?”

### Specific question:

“I understand you are under a lot of stress because of this problem. It is not unusual for people who face the same problems to have thoughts about ending their lives. Have you thought about the same thing?”

If the person indicates a wish to die, do not openly freak out (though internally, it is normal for you to feel alarmed). The suicidal person is very sensitive. If you are openly anxious, stressed or judgemental, he or she may shut down. Try to remain calm and progress to the next step:

## Persuade – How do we persuade someone to continue living?

In the Bible, the Psalmist famously lamented that “Darkness is my only companion.” Many suicidal individuals need a non-judgemental companion to just listen to them. Listen to their story, ask for more details and show interest. You could empathise with their situation by saying:

“It seems you are sad and worried because of this problem.”

After understanding their situation better, you could persuade them to seek help by saying:

“This is a really tough situation. I can understand why you think suicide is an option, but I think that taking your own life may not be a good way to solve the problem. There is help and support if you wish to take your own life. May I suggest some options for you?”

## Refer – To whom do we direct the suicidal person to?

You could refer the suicidal person to a mental health professional you know. If you do not know anyone else to refer a suicidal person to, just save the Befrienders’ number in your hand phone, and give it to the person you are talking to: **03-7956 8144**.

It is really difficult to predict whether a person will actually commit suicide or not. Sometimes, you may need to accompany a person through a suicide crisis and get reinforcements from his/her family or closest friends, rather than just leave. As a rule of thumb, a person should not be left alone when:

- 1 They have a specific PLAN – “Tonight, I will hang myself in my room before my parents come home from work.”
- 2 The method of suicide is ACCESSIBLE – “I have bought a rope.”
- 3 The person is in a very emotional/agitated state or seems to have lost touch with reality.

## Last words

You can never ultimately prevent someone from taking his or her own life. However, you can be a companion through a person’s darkest moments. If you feel intimidated, please remember that as on the road to Emmaus, there is always a third person during this journey, and that is Jesus Christ.

- 1 Hottes, T. S., Bogaert, L., Rhodes, A. E., Brennan, D. J., & Gesink, D. (2016). Lifetime prevalence of suicide attempts among sexual minority adults by study sampling strategies: a systematic review and meta-analysis. *American Journal of Public Health, 106*(5), e1-e12.
- 2 Quinnett, P. (1995). *QPR: Certified QPR Gatekeeper Instructors Training Manual*. Spokane, WA: The QPR Institute.
- 3 Nock, M. K., Borges, G., Bromet, E. J., Alonso, J., Angermeyer, M., Beautrais, A., ... & De Graaf, R. (2008). Cross-national prevalence and risk factors for suicidal ideation, plans and attempts. *The British Journal of Psychiatry, 192*(2), 98-105.
- 4 Chang, S. S., Gunnell, D., Sterne, J. A., Lu, T. H., & Cheng, A. T. (2009). Was the economic crisis 1997–1998 responsible for rising suicide rates in East/Southeast Asia? A time-trend analysis for Japan, Hong Kong, South Korea, Taiwan, Singapore and Thailand. *Social Science & Medicine, 68*(7), 1322-1331.

## PLUC Volunteer Story...

I was aware of the PLUC Ministry for more than 10 years. However, it was not until October 2018 that I started to get involved in **PLUC** as a volunteer.

It all started with an invitation from Pastor Tryphena to know if I would be keen to sit in with her for on-job training. I responded immediately for a simple reason; I desperately wanted to learn and see how she journeys with her clients. I have to confess that I felt very inadequate all these years to minister to people with emotional brokenness, especially relating to sexual identity.



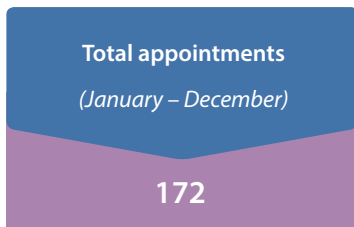
by Teo Chung Hock

Over the last few months, it has been an enriching and enlightening experience to me. I started off with just helping to take notes during the session as Pastor ministers to the client. I learnt how to listen attentively both with my ears and my heart. My first encounter was rather shocking and heartbreaking. I was glad Pastor Tryphena guided and prayed for me that I would not be overly burdened but learn to cast my cares upon the Lord.

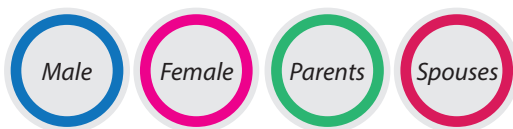
To date, we have been journeying together with two men. I’ve learnt so much about Christian counselling and some really helpful practices. My contribution is to be a male figure in my clients’ lives and I hope that this experience will point them to the love of the Father. It’s such a privilege to be able to serve alongside with a ministry that takes lives seriously and to journey with the men through truth and grace.

# OUR 2018 NUMBERS

## RELATE



## CLIENT PROFILE



## EDUCATE & ADVOCATE

Praise God for the many open doors for us to give awareness talks, conduct seminars and training as well as preach at various churches, schools, organisations, Bible seminaries and colleges, both locally and overseas.

## LOCAL



- \* Kuala Lumpur \* Selangor
- \* Kedah \* Johor
- \* Negeri Sembilan \* Perak
- \* Pahang \* Penang \* Sarawak

## OVERSEAS



We welcome your partnership with **PLUC** in the following areas:



## PURSuing LIBERTY UNDER CHRIST (PLUC)

\*Relate \*Advocate \*Educate

### Who Are We?

Pursuing Liberty Under Christ ( **PLUC** ) is a Christian non-profit organization with a three-fold mission to relate to, advocate for and educate on individuals struggling with same-sex attraction.

### \* Relate (Restoration)

Our unwavering mission is to connect with strugglers in their brokenness and see them restored to personal dignity and relational wholeness. We deeply respect every struggler's determination to restore their sexual identity to God's original intention; with their families/churches, to receive the help, hope and the pastoral care they need.

### \*Advocate (Awareness)

In our awareness initiatives, we advocate an inclusive environment where strugglers are loved, respected and safe from negative perceptions and discrimination. In an environment where truth and grace are encountered, we have seen many clients fruitfully developing self-awareness, healing and freedom to form healthy relationships.

### \*Educate (Enlightenment)

We understand well the long-impact emotional damage can bring during the formative years of one's life. To shed light on how to prevent this, we are committed to go into schools, churches, organisations and communities to educate the truth about same-sex attraction, the common misconceptions, how sexual orientation develops, the health risks involved and how these groups can foster supportive relationships with those who struggle.

### How Can We Help?

We offer

- Individually-tailored pastoral sessions for strugglers and their families as needed
- Support Groups to facilitate self-discovery, personal growth and offering a safe environment to foster new and healthy relationships
- Talks, seminars and workshops to educate schools, churches, organizations and communities on understanding and supporting strugglers and their families
- Resources and materials on same-sex attraction and spiritual wholeness.